Syllabus

Course Title: Physical Education
Class: History ground one is first

Instructor: Wen-Qin Ding
Credit: 0

Prerequisite: None
Course Hours: Two hours

Required □ Elective

一. Course Objectives:
1. Can promote the physical fitness to be right to learn (Muscular strength, Muscular endurance, flexibility, Cardiovascular endurance) Method.
2. Can learn the basic footwork of rock-climbing and tactics.
3. Can learn the rock-climbing Top-roping climbing and belay movement main point.
4. Can learn victory types (Breaststroke) Wait for movements of uniting, find out about the safe item of aquatic sports.
5. Can show loving care for each other, form team unity.

二. Course Format and Evaluation:
1. Rock-climbing is 10%
2. The basketball match is 30% (20% of the team unity, 10% Achievements)
3. 40% of swimming: The victory type unites movement 50M or breast-stroke 50M and does not stop (Include the posture of swimming).
4. Study spirit and 20% of attitude: Participate in the degree.

三. Course Schedule:
1. Introduction to course.
2. Rock-climbing (one) Originated from the introduction, basic tactics, footwork introduction.
3. Rock-climbing (Two) Tactics, footwork are practised synthetically.
4. Rock-climbing Top-roping climbing and belay movement main point.
4. Textbooks and Readings
## Syllabus

<table>
<thead>
<tr>
<th>Course Title</th>
<th>Class</th>
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<tbody>
<tr>
<td>Physical Education</td>
<td>Foreign languages (Application)</td>
</tr>
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<table>
<thead>
<tr>
<th>Instructor</th>
<th>Credit</th>
<th>Required</th>
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</tr>
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<tbody>
<tr>
<td>Wen-Qin Ding</td>
<td>0</td>
<td>x</td>
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<table>
<thead>
<tr>
<th>Prerequisite</th>
<th>Course Hours</th>
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</thead>
<tbody>
<tr>
<td>None</td>
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</table>

### 一. Course Objectives:
1. Can promote the physical fitness to be right to learn (Muscular strength, Muscular endurance, Flexibility, Cardiovascular endurance) Method.
2. Can learn the basic footwork of rock-climbing and tactics.
3. Can learn to hang down and lower the main point of movements.
4. Can show loving care for each other, form team unity.

### 二. Course Format and Evaluation:
1. Rock-climbing hangs down and lowers 20%
2. The basketball match is 30% (20% of the team unity, 10% Achievements)
3. The basketball match is 30% (20% of the team unity, 10% Achievements)
4. Take an exam of 30% at the end of term: Group dance (1.5-2 minutes) 6/21.
5. Study spirit and 20% of attitude: Participate in the degree.

### 三. Course Schedule:
1. Introduction and discussing to course.
2. Rock-climbing (one) Originated from the introduction, basic tactics, footwork introduction.
3. Rock-climbing (Two) Tactics, footwork are practised synthetically.
4. Hang down and lower the main point of movements.

4. Textbooks and Readings
# Syllabus

<table>
<thead>
<tr>
<th>Course Title : Physical Education</th>
<th>Class : Childhood Education</th>
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</thead>
<tbody>
<tr>
<td>Instructor : Wen-Qin Ding</td>
<td>Credit : 0</td>
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<td>☑Required ☐Elective</td>
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<tr>
<td>Prerequisite : None</td>
<td>Course Hours : Two hours</td>
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</table>

## Course Objectives:

1. Can promote the physical fitness to be right to learn (Muscular strength, Muscular endurance, Flexibility, Cardiovascular endurance) Method.
2. Can learn the basic footwork of rock-climbing and tactics.
3. Can learn to hang down and lower the main point of movements.
4. Can show loving care for each other, form team unity.

## Course Format and Evaluation:

1. Rock-climbing 20%
2. The basketball match is 30% (20% of the team unity, 10% Achievements)
3. The basketball match is 30% (20% of the team unity, 10% Achievements)
4. Take an exam of 30% at the end of term: Group dance (1.5-2 minutes) 6/21.
5. Study spirit and 20% of attitude: Participate in the degree.

## Course Schedule:

1. Introduction and discussing to course.
2. Rock-climbing (one) Originated from the introduction, basic tactics, footwork introduction.
3. Rock-climbing (Two) Tactics, footwork are practised synthetically.
4. Hang down and lower the main point of movements.

4. Textbooks and Readings
### Syllabus

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<tr>
<th>Course Title</th>
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<tbody>
<tr>
<td>Physical Education</td>
<td>Department of Counseling</td>
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<table>
<thead>
<tr>
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<th>Credit</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wen-Qin Ding</td>
<td>0</td>
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- **Required** □Elective

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### Course Objectives:

1. Can promote the physical fitness to be right to learn (Muscular strength, Muscular endurance, flexibility, Cardiovascular endurance) Method.
2. Can learn to accept movements of the rope in rock-climbing.
3. Can learn the rock-climbing Top-roping climbing and belay movement main point.
4. Can learn victory types (Breaststroke) Wait for movements of uniting, find out about the safe item of aquatic sports.
5. Can show loving care for each other, form team unity.

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### Course Format and Evaluation:

1. Accept and restrict 10%
2. The basketball match is 30% (20% of the team unity, 10% Achievements)
3. 40% of swimming: The victory type unites movement 50M or breast-stroke 50M and does not stop (Include the posture of swimming).
4. Study spirit and 20% of attitude: Participate in the degree.

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### Course Schedule:

1. Introduction to course.
2. Top-roping climbing and belay 30%
3. 40% of swimming: The victory type unites movement 50M or breast-stroke 50M and does not stop (Include the posture of swimming) 6/21.
4. Study spirit and 20% of attitude: Participate in the degree.
4. Textbooks and Readings
# Syllabus

<table>
<thead>
<tr>
<th>Course Title : Dance</th>
<th>Class : Second grade of college</th>
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<tbody>
<tr>
<td>Instructor : Wen-Qin Ding</td>
<td>Credit : 0</td>
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<tr>
<td>Prerequisite : None</td>
<td>Course Hours :  Two hours</td>
</tr>
</tbody>
</table>

## 一. Course Objectives:

1. Can promote body operation and express creativity.
2. Can learn to make movements up and spread in multi-form dance.
3. Can improve the dance art appreciation interest.
4. Can form the good attitude towards study of cooperation conscientiously, help each other.

## 二. Course Format and Evaluation:

1. Teaching way: Demonstrate, operate the exercise, discuss, appreciate, issue, divide into groups cooperation.
2. The commenting amount of the achievement:
   1. Skill: Dance essay association (One) 30%, group dance create 30% (whether one minute, take to stipulate and show the content theme).
   2. View and admire the gains in dance film 20%: 6/4 (Handwritten, do not restrict the number of words).
   3. 20% of attitude towards study: The absent situation happens. Dr.eye: Participate in and discuss the degree on class. Dr.eye: Clothing.

## 三. Course Schedule:

1. Practise extempore: Explore the dance element.
2. Folk custom dance: Basic dance step, dancing posture, direction, formation and multinational dance association.
3. Spread movements - Carry on the upper limbs through such apparatus as the bare-handed, mineral water, dumbbell, resisting the strength ball, etc.
4. The dance essay is made up: Include oxygen dance, knight, dance of metre in verse, etc.
4. Textbooks and Readings

(1) Flat top gem of a girdle- pendant (the people 84) Edit, the dance is appreciated, three the people's bookstore, Taipei.

(2) Ou Jian-Ping (the people 85) , Dance aesthetics is appreciated, Taipei: Young lion's cultural publishing company.
## Syllabus

<table>
<thead>
<tr>
<th>Course Title: Dance (girls)</th>
<th>Class: Second grade of department of physical education</th>
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<tbody>
<tr>
<td>Instructor: Wen-Qin Ding</td>
<td>Credit: 0</td>
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<tr>
<td></td>
<td>☑Required ☒Elective</td>
</tr>
</tbody>
</table>

Prerequisite: Body two last terms dance  
Course Hours: Two hours

### I. Course Objectives:
1. Move about through the limbs, think, create, display ability in inspiration.
2. Familiar with the dance key element, expand the movement field, promote the confidence of displaying.
3. Can learn all kinds of dance type movements.
4. Train the dance art appreciation interest, improve aesthetic art.
5. Train conscientiously, the good attitude towards study of cooperating.

### II. Course Format and Evaluation:

(一) Teaching way: Demonstrate, the discussion, appreciation, individual and group create.

(二) Commenting amount:
1. Appoint the dance film and outside school "Dance exhibition views and admire one (not restrict the number of words) respectively gains at the scene" 20%.
2. 60% of skill: Dance essay, fan dance, 5 minutes for 6/12 of the group dances at end (3.4.5.5.6 people).
3. 20% of attitude towards study: Participate in the attitude and degree, absent situation, clothing, note happen (Add and divide some).
三. Course Schedule:

（一）Practise extempore: Explore the dance element

1. Space: Form, level, direction, size, route
2. Time: Speed, time, rhythm.
4. Concern: People and people, people and group, people and thing.

（二）practise basically in the hand, step practising basically, ballet essay
practising, modern dance essay.

（三）basic movement of the fan and association.

（四）4/10 of film appreciation of dance.

4. Textbooks and Readings
Flat top gem of a girdle- pendant (the people 84) Edit, the dance is appreciated,
three the people's bookstore, Taipei.

Ou JianPing (the people 85), Dance aesthetics is appreciated, Taipei: Young
lion's cultural publishing company.

Li ZongQin (the people 83) Two editions, creative dance, Taipei: Flow out the
Limited Company of one edition of undertakings far.