# Syllabus

<table>
<thead>
<tr>
<th>Course Title: Recreation activity and old person</th>
<th>Class:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Instructor: Wei-Qin Hong</td>
<td>Credit:</td>
</tr>
<tr>
<td>Prerequisite: None</td>
<td>Course Hours:</td>
</tr>
</tbody>
</table>

## 1. Course Objectives:

## 2. Course Format and Evaluation:
Hand in the written report

## 3. Course Schedule:
- Introduction to course
- Obstruction training
- Pain special topic
- Breathe the skin special topic
- It can be thematic that the body is right
- Aging mechanism
- Mechanism and rate that the greatest oxygen consumption caused reduces that wear out
- Physiologic theory of wearing out
- A high school entrance examination week
- The old man sun is with viewing and emulate 1 specially
- The old man sun is with viewing and emulate 2 specially
- Special topic 1 of the aging disease
- Special topic 2 of the aging disease
- Discuss 1 synthetically
- Discuss 2 synthetically
- Do in the test for week at the end of term

## 4. Textbooks and Readings

| Attachment #1 |
# Syllabus

<table>
<thead>
<tr>
<th>Course Title: Group's health activity is designed and planned</th>
<th>Class: physical education 3 graded</th>
</tr>
</thead>
<tbody>
<tr>
<td>Instructor: Wei-Qin Hong</td>
<td>Credit: 2</td>
</tr>
<tr>
<td></td>
<td>□ Required</td>
</tr>
<tr>
<td></td>
<td>X Elective</td>
</tr>
<tr>
<td>Prerequisite: None</td>
<td>Course Hours: 2</td>
</tr>
</tbody>
</table>

1. Course Objectives:

2. Course Format and Evaluation:
   - Teaching way: Tell the law, student's verbal report.
   - The commenting amount of the achievement:
     1. Attitude and spirit 30%
     2. Divide into groups in the report and participate in 20%
     3. Written report 20%
     4. 30% of a high school entrance examination

3. Course Schedule:
   1. Introduction to the outline
   2. Discuss in groups
   3. Enterprise planning of the group activity
   4. The group activity investigating
   5. Investigate on the spot
   6. Investigate on the spot
   7. The materials are put in order and discussed
   8. A high school entrance examination
   9. Divide into groups in the report and share with the achievement
   10. Divide into groups in the report and share with the achievement
   11. Divide into groups in the report and share with the achievement
   12. Divide into groups in the report and share with the achievement
   13. Pay the written report
4. Textbooks and Readings

Paul and Pierre pool, Xu Feng translates will.
Wealth is the fifth wave. Trader's culture intelligently.