National Chiayi University Syllabus  
Department of Physical Education Fall Semester,  
Academic Year 2010

<table>
<thead>
<tr>
<th>Course: Soccer</th>
<th>Credit: 1</th>
<th>Hours: 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Class: Junior(P.E.)</td>
<td>[ ] Required, [ ] Elective</td>
<td></td>
</tr>
<tr>
<td>Instructor: Fang-Jing Huang</td>
<td>E-mail: <a href="mailto:hfj@mail.nchu.edu.tw">hfj@mail.nchu.edu.tw</a></td>
<td></td>
</tr>
<tr>
<td>Office:</td>
<td>Office Hours:</td>
<td></td>
</tr>
</tbody>
</table>

**I. Course Description:**

Practice and improve in soccer relative to skill, history, development and fun.

**II. Teaching Objectives:**

Learn basic skill of soccer  
Understand how to practice skill of soccer  
Know rules of soccer  
Enjoy playing soccer  
Enjoy watching soccer game

**III. Class Schedule (~day, periods~?)**

<table>
<thead>
<tr>
<th>Week</th>
<th>Date</th>
<th>Topic/Activity</th>
<th>Reading/Assignment</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td></td>
<td>Introduction</td>
<td></td>
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<tr>
<td>2</td>
<td></td>
<td>Dribble 1</td>
<td></td>
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<tr>
<td>3</td>
<td></td>
<td>Dribble 2</td>
<td></td>
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<tr>
<td>4</td>
<td></td>
<td>Defense</td>
<td></td>
</tr>
<tr>
<td>5</td>
<td></td>
<td>Pass and Trapping 1</td>
<td></td>
</tr>
<tr>
<td>6</td>
<td></td>
<td>Pass and Trapping 2</td>
<td></td>
</tr>
<tr>
<td>7</td>
<td></td>
<td>Move and Pass</td>
<td></td>
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<tr>
<td>8</td>
<td></td>
<td>Shooting</td>
<td></td>
</tr>
<tr>
<td>9</td>
<td></td>
<td>Throwing</td>
<td></td>
</tr>
</tbody>
</table>
10 Rules
11 Skill of Goalkeeper
12 Indoor Soccer Game 1
13 Indoor Soccer Game 2
14 Soccer Game
15 Exam of Skill 1
16 Exam of Skill 2
17 Exam of Skill 3
18 Final Exam (Exam of Soccer Rules)

**IV. Evaluation:**

Exam of Skill 60%
Exam of Soccer Rules 14%
Participation & Attendance 26%

**V. References:**

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National Chiayi University Syllabus
Department of Physical Education Fall Semester,
Academic Year 2010

Course: Table Tennis  Credit: 1  Hours: 2
Class: Senior (P.E.)  □ Required, □ Elective
Instructor: Fang-Jing Huang  E-mail: hfj@mail.ncyu.edu.tw
Office:  Office Hours:

I. Course Description:
Practice and improve in table tennis relative to skill, rules, history, development and fun.

II. Teaching Objectives:
Learn basical skill of table tennis
Understand how to practice skill of table tennis
Know rules of table tennis
Enjoy playing table tennis
Enjoy watching table tennis game

III. Class Schedule (~day, periods?~?)

<table>
<thead>
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<th>Week</th>
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</thead>
<tbody>
<tr>
<td>1</td>
<td></td>
<td>Introduction</td>
<td></td>
</tr>
<tr>
<td>2</td>
<td></td>
<td>Ball Feeling</td>
<td></td>
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<tr>
<td>3</td>
<td></td>
<td>Service</td>
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<tr>
<td>4</td>
<td></td>
<td>Backhand Block 1</td>
<td></td>
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<tr>
<td>5</td>
<td></td>
<td>Backhand Block 2</td>
<td></td>
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<tr>
<td>6</td>
<td></td>
<td>Forehand Drive 1</td>
<td></td>
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<tr>
<td>7</td>
<td></td>
<td>Forehand Drive 2</td>
<td></td>
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<tr>
<td>8</td>
<td></td>
<td>Smash</td>
<td></td>
</tr>
<tr>
<td>9</td>
<td></td>
<td>Receiving</td>
<td></td>
</tr>
</tbody>
</table>
IV. Evaluation :
Exam of Skill 58%
Exam of Table Tennis Rules 12%
Participation & Attendance 30%

V. References :

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National Chiayi University Syllabus
Department of Physical Education Fall Semester,
Academic Year 2010

Course: Discourse of Table Tennis  Credit: Hours: 2
Class: Senior (P.E.) □ Required, ■ Elective
Instructor: Fang-Jing Huang E-mail: hfj@mail.nctu.edu.tw
Office: Office Hours:

I. Course Description:
Learn and improve in table tennis relative to training, teaching, and judge etc..

II. Teaching Objectives:
1.) Learn and improve how to drill learner in the skills of table tennis
2.) Be proficient at basical skills of table tennis
3.) Learn and improve skill of loop and to combine forehand stroke with backhand stroke
4.) Learn to be a judge of table tennis
5.) Cultivate the patience about playing table tennis

III. Class Schedule (~day, periods~?)

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<tbody>
<tr>
<td>1</td>
<td></td>
<td>Introduction</td>
<td></td>
</tr>
<tr>
<td>2</td>
<td></td>
<td>Analysis and Direction of Skill of the Table Tennis</td>
<td></td>
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<tr>
<td>3</td>
<td></td>
<td>Drill and Protection for Injured Players of the Table Tennis</td>
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<tr>
<td>4</td>
<td></td>
<td>Perform an Training Way</td>
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<tr>
<td>5</td>
<td></td>
<td>Combine Forehand Stroke with Backhand Stroke</td>
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<tr>
<td>6</td>
<td></td>
<td>Judge</td>
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<tr>
<td>7</td>
<td></td>
<td>Practice of the Steps</td>
<td></td>
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<tr>
<td>8</td>
<td></td>
<td>Loop</td>
<td></td>
</tr>
<tr>
<td>9</td>
<td></td>
<td>Combine Forehand Stroke with Backhand</td>
<td></td>
</tr>
</tbody>
</table>
Stroke

10  Loop

11  Loop

12  Practices of the Different Kinds of Skills

13  Practices of the Different Kinds of Skills

14  Practices of the Different Kinds of Skills

15  Practices of Tactics of the Play

16  Practices of Tactics of the Play

17  Exam

18  Final Exam

**IV. Evaluation** :
Skill 35%
Perform training 15%
Judge 15%
Direction 10%
Participation & Attendance 25%

**V. References** :

For intellectual property reasons, any illegal replications are prohibited
Single space、Times New Roman、12 pt.
Course: History of Sports
Credit: 2
Hours: 2

Class: Freshman (P.E.)
Required, Elective

Instructor: Fang-Jing Huang
E-mail: hfj@mail.ncyu.edu.tw

Office:
Office Hours:

I. Course Description:
Study the histories of sports about Taiwan, China and occidental country. And reflect the development of sports via the history of sports.

II. Teaching Objectives:
1.) Understand baseball history of NCYU
2.) Understand development of sports in Taiwan
3.) Understand the histories of occidental sports
4.) Understand development of sports in China
5.) Enjoy studying history of sports
6.) Reflect development of sports via history of sports

III. Class Schedule (~day, periods?~?)

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<td>1</td>
<td></td>
<td>Introduction</td>
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<tr>
<td>2</td>
<td></td>
<td>Baseball History of NCYU</td>
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<tr>
<td>3</td>
<td></td>
<td>The Development of Sports in Taiwan</td>
<td></td>
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<tr>
<td>4</td>
<td></td>
<td>The Histories of Sports in Ancient Greece and Ancient Rome</td>
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<tr>
<td>5</td>
<td></td>
<td>The History of Sports in Medieval times; The Development of Sports in Renaissance times and in Early Modern times</td>
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<tr>
<td>6</td>
<td></td>
<td>The Development of Sports in Modern times</td>
<td></td>
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<tr>
<td>7</td>
<td></td>
<td>The Development of Sports in Europe</td>
<td></td>
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<tr>
<td>8</td>
<td></td>
<td>The Development of Sports in Britain</td>
<td></td>
</tr>
<tr>
<td>9</td>
<td></td>
<td>Midterm Exam</td>
<td></td>
</tr>
</tbody>
</table>
10  The Development of Sports in the U.S.A(1)

11  The Development of Sports in the U.S.A(2)

12  The Development of Sports from Western Zhou to Eastern Han

13  The Development of Sports from Wei to Tang Dynasty

14  The Development of Sports from Song Dynasty to Yuan Dynasty

15  The Development of Sports from Ming Dynasty to The Republic of China

16  The Development of Modern Olympic Games (1)

17  The Development of Modern Olympic Games (2)

18  Final Exam

**IV. Evaluation :**

Exam 1)  20%
Exam 2)  20%
Exam 3)  25%
Presentation  10%
Participation & Attendance 25%

**V. References :**
I. Course Description:

Examined theory of Physical Education via the concepts of sport, play, recreation(leisure) and work.

II. Teaching Objectives:

1.) Understand the concept and nature of Physical Education
2.) Understand the objectives of Physical Education
3.) Recognize the concepts of sport, play and leisure
4.) Cultivate to reflect the Physical Education
5.) Be able to think the problems of Physical Education around our own life.
6.) Enjoy to recognize Theory of Physical Education.

III. Class Schedule(~day, periods?~?)

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<tbody>
<tr>
<td>1</td>
<td></td>
<td>Introduction</td>
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<tr>
<td>2</td>
<td></td>
<td>Nature of Physical Education</td>
<td></td>
</tr>
<tr>
<td>3</td>
<td></td>
<td>The concepts of Physical Education</td>
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<td>4</td>
<td></td>
<td>The objectives of Physical Education</td>
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<td>5</td>
<td></td>
<td>Physical Education &amp; Sport</td>
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<tr>
<td>6</td>
<td></td>
<td>Fun of Physical Education and Sport</td>
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<tr>
<td>7</td>
<td></td>
<td>The concepts of Sport</td>
<td></td>
</tr>
</tbody>
</table>
The multiplicity of Sport

Midterm exam

Play

Recreation

Experiences and items of Recreation

Physical Education, Sport and Play

Culture and Physical Education

Culture and Sport

Deviation's behavior of Sport

The development of Physical Education and Sport

Final Exam

IV. Evaluation:
Midterm Exam 30%
Final Exam 35%
Presentation 10%
Attendance & discussion 25%

V. References:

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