## Course Description

## The Group of college

Course Title	Academic	Sem	ester	Credits	Course Description
	Year	1st	2nd		
Introduction to Family	1	V		2	<ol> <li>Learn the meaning and content of family function.</li> <li>Understanding of topics a family may encounter.</li> <li>Understanding of different families' various formats of relationships.</li> <li>To understand how member in a family communicate with one another.</li> <li>Understand how to build up a happy family.</li> </ol>
Professional Identity and Self Growth	1	V		2	<ol> <li>Self-awareness of attitutes and beliefs when faced with important issues in life.</li> <li>Knowledge of different aspects of life and the influences it comes with.</li> <li>Further extension of exploring and understanding self.</li> <li>Understand how personal issues and growths affect one's developments of professions.</li> </ol>
Introduction to Education	1	V		2	<ol> <li>Understand the conceptions, history, structures, subjects, objects, systems and principles of the study.</li> <li>Able to progress in education-related professions with suitable methods and concepts.</li> <li>Able to share, appreciate and cooperate with others on topics or projects enthusiastically.</li> </ol>
Introduction to Psychology	1	V		2	The aim of course is guiding students to deeper understing in human's state of both physiology and mentality and thus,

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					build up foundations for further study of education or counselling.
Potential Development	1	V		2	This course aims to understand the Behavior Modification and to learn how to use in counseling profession in the future.
Mental Health	1		V	2	<ol> <li>To discuss the general concept of community mental health.</li> <li>To discuss the practice of community mental health.</li> <li>To introduce how to facilitate mental health resources in Taiwan.</li> </ol>
Developmental Psychology	1		V	2	The courses aim to develope the truth of human historical facts and to interpret and discuss about the history development, to learn form the human being development history.
Principles and Practices Guidance	1		V	2	The courses aim to introduce the basic relevent issues and knowledge of guidance and counseling, including the definition, main concepts and the future development of the counseling profession.
Human Relationship and Communication	1		V	2	<ol> <li>To provide a correct concept of communication and the theories of communication.</li> <li>To promote students' capabilty of practical communication throught empirical studies.</li> <li>To develope the critical thinking amoung students</li> </ol>
Career Development & Planning	1		V	2	<ol> <li>To build students the positive self-concept through self-exploration in career.</li> <li>To develope positive attitude toward future career development through interviewing working people.</li> </ol>

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					3. To build personal proper career goals through preparation for career plans
Leisure Education and Guidance	1		V	2	This course aims to understand the connection between Therapy Recreation \ Leisure Education \ Adventure Education and profession of Guidance/Counseling.
Sociology	1		V	2	<ol> <li>To increase the sensitivity toward the social environment.</li> <li>To develope scientific attitudes toward learning.</li> <li>To build the empathy for the society .</li> <li>To learn the basic sociology training.</li> </ol>
Family Relationship	1		V	2	This course aims to learn the general concepts and knowledge about the Family Relationship.
Marriage and Family	1		V	2	This course aims to learn about the family history and the family value, interaction relation and the process of changing. Students will learn about the family function and marriage meaning, the family issues, the different family types, family communication models and how to build a fully functioned family.
Personality Psychology	2	V		2	<ol> <li>To learn the meaning of personality.</li> <li>To learn the basic personality theory models.</li> <li>To learn the development and change about personality .</li> <li>To learn the methods of study .</li> <li>To learn the accessment tools to analize the personality</li> </ol>
Educational Psychology	2	V		2	<ol> <li>To learn the basic cincepts about education psychology.</li> <li>To learn education psychological theories.</li> <li>To apply the education psychology to</li> </ol>

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					teaching activities.
Educational Statistics	2	V		2	<ol> <li>To learn about the basic concepts about educational statistics.</li> <li>To learn how to use educational statistics properly and correctly.</li> <li>To learn the procedure of it.</li> <li>To learn the development of educational statistics.</li> <li>To apply the learning to educational studies.</li> </ol>
Theories of Counseling	2	V		2	<ol> <li>To learn anout the difference between counseling theories.</li> <li>To learn about the effective personailies of the professional counselors.</li> <li>To distinguish from guidance, counseling and mental therapy.</li> <li>To explain the process of counseling.</li> <li>To learn about the professional law and ethical issues of counseling.</li> <li>To learn about the factors influencing the counseling results.</li> </ol>
Service Learning & Guidance	2	V		2	<ol> <li>To learn the concept about service learning and guidance.</li> <li>To learn how to work with the team and learn the methods to assessment.</li> <li>To develope the proper attitude toward social devotion through service learing activities.</li> </ol>
Community Psychology	2	V		2	This course aims to learn the general idea of community psychology, develope the plans to apply to the counseling profession.
Family Psychology	2	V		2	The course aims to provide students with the necessary academic skills to establish a balanced understanding of the Chinese

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					family interaction, communication and family relationship of the issue and can support student in further studying in the topics of family education, guidance and counselling.
Theories of Family	2	V		2	<ol> <li>To learn the meaning of scientific theories.</li> <li>To learn about the content and ideas of every family theories.</li> <li>To learn to interpret the family phenomenons.</li> </ol>
Organizational Behaviors	2	V		2	<ol> <li>To learn the basic idea about organizational behaviors.</li> <li>To increase self-awareness and to understand the behaviors among people.</li> <li>To learn the proper interactional behaviors in different situations.</li> <li>To learn more interperson skills.</li> </ol>
School Psychology	2	V		2	<ol> <li>To learn the meaning and devement of school psychology.</li> <li>To understand the functions of school psychology in education.</li> <li>To learn the environmental sysytems at school.</li> <li>To learn the treatment goals in school psychology at school.</li> <li>To understand the school psychology training.</li> <li>To undersatnd the ethics in school psychology.</li> <li>To apply school psychology properly.</li> </ol>
Psychological Measurement and	2		V	2	To learn the general idea about psychological measurement and

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Evaluation					<ul><li>evaluation.</li><li>2. To learn about the content of psychological measurement and evaluation.</li><li>3. To develope the ability to analize the results of the psychological measurement and evaluation.</li></ul>
Social Psychology	2		V	2	<ol> <li>To learn about the general idea about social psychology.</li> <li>To learn about the social psychology and social behavior.</li> <li>To have a whole undestanding toward human social behaviors through practical life experience.</li> <li>To build the empathy toward the scioety.</li> </ol>
Educational Sociology	2		V	2	This course aims to help students to discuss from different point of views of educational sociology. Students will learn the meanings and theories about educational sociology, the ability to reflect and discuss about the issues from the educational sociology viewpoint.
Techniques of counseling	2		V	2	This course aims to learn the 14 techniques of counseling.
Human Resources & Management	2		V	2	Students will learn the theories about human resources and management.
Juvenile Delinquency and Criminal Justice	2		V	2	<ol> <li>To learn about the history and philosophy about juvenile delinquency.</li> <li>To understand the multiple roles and functions of probation officers.</li> <li>To learn about the treatment plans and the system in juvenile delinquency and criminal justice</li> </ol>
Family Communication	2		V	2	Students will learn the main idea about family communication and relevent

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					studies.
Emotional Management & Stress Reduction	2		V	2	Students will learn the general idea about emotional management and stress reduction through the core concept of Mindfulness-Based Stress Reduction.
School Guidance and Counseling	2		V	2	Students will learn about the details of school counseling development and challenges, the American school model theories and analysis on Taiwan school counseling profession.
Selected Readings in Counseling	2		V	2	Students will learn about the readings and reflect based on the counseling profession, to experience the life in daily work.
Career Guidance and Counseling	3	V		2	Students will learn about self-exploration and careee exploration, the career theories of choosing a career, the skills to lead indivual career and group counseling and to apply in practice profession.
Educational Philosophy	3	V		2	Students will learn about the classic concept of educational philosophy and we will discuss how to develope the indivual thinging ability.
Group Guidance and Counseling ( I )	3	V		2	Students will learn about the basic concept of group guidance and counseling, to experience the process and to develope the proper group plans.
Criminal Psychology	3	V		2	This course aims to introduce the real criminal cases to avoid the criminal behaviors. Students will learn about the basic ideas of crim prevention knowledge in daily life.
Life Education and Guidance	3	V		2	This course aims to discuss all kinds of issues about death, and how to design a life education material.
Analysis and	3	V		2	This course aims to understand the career

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Application of Career and Employment Resources	3	V		2	development of students, the ability to operate on-line counsulting system and the ability to assist students to choose occupations in the future.  This course aims to learn the essential
Expressive Art Therapy	3	V		2	concept about expressive art therapy, to understand the theories and practicle working models and skillls.
Family Education	3	V		2	This course aims to learn the basic concept of family education, to form the basic ability to develope the family education plans.
Counseling and Studies for Special Case	3	V		2	<ol> <li>Learns in this class need to be able to identify all the social emotional characteristics /problems for all individuals with/without special needs.</li> <li>Tapes/cds related to the social/emotional characteristics/problems for all kinds of individuals will be used to discuss in the class and each learner is expected to hand in one written report at the end of the semester .</li> <li>To provoke different thinking, active discussions are expected in this class.</li> </ol>
Educational Research Methods	3	V		2	This course aims to provide the basic concepts about methods of studyingand research and the ability to finish a thesis.
Playing Therapy	3	V		2	This course aims to provide the knowledeg of child play therapy, to apply the theories to practice experience.
Learning Psychology and Guidance	3	V		2	This course aims to provide the knowledeg of assessment, the introduction to learning disabilities and assessment models and to learn how to form a learing strategy for learning.
Advanced	3	V		2	1. Students can explain basic and

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Counseling Techniques					<ul> <li>advanced counseling skills and the timing to use them.</li> <li>2. Students can apply basic and advanced counseling skills.</li> <li>3. Students can evaluate the appropriateness and effectiveness of the counseling skills that are applied.</li> <li>4. Students can apply counseling skills to conduct a therapeutic session.</li> <li>5. Students can follow the ethical codes in skill practice.</li> </ul>
Gender Education and Guidance	3		V	2	Students will learn about the relation amongsex roles, gender, personaliy development. We will discuss and reflect on the equal gender behavior and ideology, to accept the difference of genders and promote the sex and gender education and guidance in the future.
Educational Administration	3		V	2	Students will learn about the content of educational administration theories, and to understand the relation among organization culture, schools and communities.
Group Guidance and Counseling	3		V	2	Students will learn about the main concept of group counseling, experience the group dynamic process, the ability to develope the group counseling plan.
Counseling Ethics	3		V	2	Students will learn how to make ethical judgement when encountering professional ethical issues and difficulties.
Design and Implementation of Career Planning Curriculum	3		V	2	This course aims to introduce the theoritical base of career curriculum design, to cultivate the ability to develope proper curriculum plan design in all kinds of backgroud contexts.
Multi-Culture	3		V	2	This course aims to discuss the

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Counseling					multi-cultural issues in the counseling context, to help students increase the ability to understand different culture and make decisions with proper professional judgement.
Multi-Culture Counseling	3		V	2	This course aims to discuss the multi-cultural issues in the counseling context, to help students increase the ability to understand different culture and make decisions with proper professional judgement.
Counseling Children	3		V	2	This course aims to introduce the knowledege of children guidance and counseling, to learn about applying the knowledge at school and help those students who need highly attention.
Sexual Abuse and Family Violence Preventions	3		V	2	Students will learn about the essence, the types, theories of domestic violence and how to deal with domestic violence cases.
Counseling Adolescents	3		V	2	This course aims to introduce the general concept of adolescents counseling and the counseling strategies to behavior deviation among the youth.
Grief Counseling	3		V	2	<ol> <li>Understand the complex phenomenon of bereavement in order to help those who mourn resolve their grieving in a healthy manner.</li> <li>Understand that grief often surfaces as the underlying cause of various physical and mental aberrations.</li> <li>Understand unresolved grief.</li> <li>Understand the Attachment Theory.</li> <li>Understand Normal Grief.</li> <li>Understand the manifestations of Normal Grief.</li> <li>Understand Grief and Depression.</li> </ol>

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					<ol> <li>Understand when to do grief counseling.</li> <li>Understand the effectiveness of Grief Counseling.</li> <li>Understand complicated mourning.</li> <li>Understand special types of losses.</li> <li>Understand the counselor's own grief, stress and burnout.</li> <li>Know the factors that contribute to the intensity of grief reactions.</li> <li>Understand the family versus individual needs during grief.</li> <li>Understand how to do annotated bibliography and literature review about the topics related to grief counseling.</li> </ol>
Marriage Education	3		V	2	Marriage education is a process of teaching important knowledge, skills, and attitudes about relationships and marriage. Marriage education is not counseling or therapy, but instead it focuses on building understanding and competence. In other words, its purpose is to build capacity and strengths and equip people to be successful in their roles as relationship partners and then as marriage partners.
Experientail Education	3		V	2	This course aims to introduce the theories of adventure education program, the meaning and the value toward teenagers, the intervention of counseling activities and the ability to perform a program.
Design of Assessment Tools	3		V	2	This course aims to introduce the theories of assessment, test tools, the mothods and the analisis of tests, to aplly in at school.

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Parental Education	3		V	2	This course aims to the introduce to education theories to understand different parent-child educational problems as a future preparation.
Job Market and Human Agency	4	V		2	This course aims to the introduction to human source theories to increase managers' abilities to manage human sources effectively.
Counseling for Criminal Offenders	4	V		2	The course aimed to teach students understand the theory and concept of Crime prevention and practicality, introduce the most common crime tactics and the way to prevent and avoid to violate the law •
Dealing with Crisis	4	V		2	This course aims to learn how to deal with crisis as a professional counselor, to increase the ability to handle a crisis in life and profession.
Practicum of Community Counseling( I )	4	V		2	Students will learn the practice of counseling through participating in a community counseling institute, to experience professional growth under supervised environment.
Case Management	4	V		2	Students will learn the models of case management, the practice and discussin in class, to learn the basic skills to work with clients' affair.
Family Education Program Planning	4	V		2	Students will learn the meaning and the importance of family education program planning, and the ability to plan and assess at results of the family education program.
Family Resources and Management	4	V		2	Students will learn the concepts, meanings, features, types and functions of family resources and management and how to analize family resources plans.

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Career  Management in  Organizations	4	V		2	Students will learn the concepts about career management in organizations through presentations and practical operating, to develope the interest to the practice.
Design & Evaluation of Counseling Programs	4	V		2	Students will learn the concepts of design and evaluation of counseling programs, to evaluate the program through individual reading and team discussion.
Practicum of Community Counseling( I )	4	V		2	This course aims to provide students a chance to practice their training in community counseling institutes in their senior year.
Theory and Practiced of Consultation	4	V		2	This course aims to introduce consultation theories in guidance and conseling profession, to develope personal consultation approach based on slef-realization.
Abnormal Psychology	4	V		2	This course aims to apply the theories to the practice of abnormal psychology, to learn the methods of evaluation and presentation on different clinical cases.
Adult and Elder Psychology and Counseling	4		V	2	This course aims to introduce the relevent theories of the adult and elder psychology and counseling, to teach students how to apply to the practice counseling.
Practicum of Community Counseling( II )	4		V	2	Students will learn the practice of counseling through participating in a community counseling institute, to experience professional growth under supervised environment.
Postmodernist Approaches to Counseling	4		V	2	This course aims to introduce the ideas of postmodern approach family therapy, to provide students the pholosophy of postmodern approach

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					family therapy and to apply these learning to practice.
Family Crisis and Stress	4		V	2	This course aims to learn how to deal with the family crisis and stress.
Emergent Issues in counseling	4		V	2	Students will learn the general idea about Mindfulness Meditation, Mindfulness-Based Stress Reduction and Mindfulness-Based Cognitive Therapy to keep balance of mental health.
Administration & Practice of Guidance	4		V	2	Students will learn the concept and working content of guidance and counseling office, the ability to assist the counseling work at school environment, the ability to perform the counseling programs and the ability to countrol the budget for counseling spending.
Practicum of School Counseling (II)	4		V	2	Students will proceed practice of clinical counseling under supervised to train students to be qualified to be a counselor.